

**MYCOPHENOLATE MOFETIL (MMF) / MYCOPHENOLIC ACID  
(MYFORTIC®)**

**Patient Information Leaflet  
For Scottish Transplant Patients**

Please read this leaflet carefully and keep it as you may wish to refer to it again. If you have any queries, please consult your pharmacist or doctor.

We have important information to give you regarding one of your transplant medications, Mycophenolate Mofetil (MMF, *Cellcept®*) **OR** Mycophenolate Sodium (*Myfortic®*).

The UK drug governing body, MHRA (Medicines and Healthcare products regulatory Agency) have recently published new additional advice regarding pregnancy and contraception for BOTH female and male patients.

It should be noted that the change in advice is not supported by new or emerging evidence. Specifically the new advice to men is based on a theoretical risk.

**YOU SHOULD NOT GET PREGNANT OR FATHER A CHILD WHILST TAKING MYCOPHENOLATE MOFETIL (MMF) OR MYCOPHENOLATE SODIUM (MYFORTIC) AS IT MAY HARM AN UNBORN BABY. MORE INFORMATION CAN BE SUPPLIED IF REQUESTED.**

**Please inform your doctor if:**

- You may be pregnant or are breastfeeding
- You are planning to have children in the near future

If relevant you will need to discuss further with the doctor to either review transplant medications or ensure appropriate contraception methods are used.

**IF YOU BECOME PREGNANT WHILST TAKING THIS MEDICATION, DO NOT STOP YOUR MEDICATION BUT CONTACT YOUR TRANSPLANT DOCTOR IMMEDIATELY.**

There are alternative anti-rejection treatments available if you become pregnant or are planning to start a family. Your transplant doctor can discuss these with you.

**Contraception advice**

**Women** who are having sex and of child bearing age:

- **DURING** treatment with this medication you should use 2 forms of effective contraception **at the same time** implant/coil, and barrier methods such as condoms/diaphragms.
- **AFTER** stopping this medication you should continue to use 2 forms of effective contraception **at the same time**, for **6 weeks** after the last dose.

**MEN** who are having sex (including those who have had a vasectomy):

- **DURING** treatment with this medication you should use condoms **AND** female partners should use effective contraception.
- **AFTER** stopping this medication you use condoms for a total of **90 days** after the last dose **AND** female partners should use effective contraception for a total of **90 days** after your last dose of medication.

The transplant team, GP or sexual health clinic if requested can give contraception advice.